

5 TIPS FOR GETTING MORE RESPONSIBILITY

- 1. Keep your promises.** Whenever you make an agreement with your parents, follow through. This shows that you can be counted on. When they trust you, you earn more independence. You also gain self-respect—that's win-win.
- 2. Look for more ways to help out at home.** Adults appreciate it when everyone in the family lends a hand. Want to earn bonus points? Do something that's not one of your regular chores just to help out. Parents love that!
- 3. Get along with siblings.** Do your part to make the peace with brothers and sisters, and adults may notice something has changed for the better. In their minds, getting along equals maturity. And maturity gets you more responsibility.
- 4. Try to have a positive attitude.** It's not like you have to smile and act 100 percent happy all of the time, but cooperating with adults at home will make them more likely to cooperate with you. That's just the way it works.
- 5. Show family adults they've done a good job raising you.** When you ask for new freedom and meet your responsibilities head-on, you prove to your parents that you've learned what they taught you. That makes them proud. It should make you proud, too.