

Need to Know!

100 Things Guys Need to Know by Bill Zimmerman. Part graphic novel, part practical advice, this book for guys has information for handling all kinds of tough situations—including ideas for earning more privileges and getting along with adults at home.

It's My Life—Family

www.pbskids.org/itsmylife/family

Visit this Web site for the lowdown on topics that cause challenges in families. Find suggestions on everything from communicating with parents and siblings to dealing with a family move and other transitions.

***Real Families: Figuring Out Your Family and Where You Fit In* by Amy Lynch.** Families have their good moments, but some other times aren't so fun or easy. This book for girls features ideas for dealing when adults at home have issues with friends, dating, and other topics.

It's normal to feel annoyed with adults in your family if they sometimes treat you like you're much less mature than you are.

If you're patient and follow their rules, though, they should eventually get with the program. Because the truth is, adults at home don't want to be checking up on you forever. But they won't feel ready to step back until they believe you've proven you're ready to make more of your own decisions.

So that's the deal. The more you can show adults at home that you're responsible, the more they'll relax and see that you're ready for more freedom.